Jesus, you are good and wise
I will praise you when I rise.
Jesus, hear this prayer I send
Bless my family and my friends.
Jesus, help my eyes to see
All the good you send to me.
Jesus, help my ears to hear
Calls for help from far and near.
Jesus, help my feet to go
In the way that You will show.
Jesus, help my hands to do
All things loving, kind, and true.
Jesus, guard me through this day
In all I do and all I say
Amen

Dear Parents, Teachers and Friends,

I often hear from parents that their children behave very differently at home than they do at school. I know from personal experience that if teachers had to deal with the melt downs that my wife and I do at home, then they probably wouldn’t want to teach anymore. So why is it that for most, our children come across as angels at school and demons at home. One theory is that children spend so much of their energy at school concentrating, trying to please their teachers and learning new concepts that by the time they see their parents, they have nothing left to give except an explosion of stored emotion. The moment they enter a safe space (often the car) with the person or people they know will love them no matter what, they are able to let go. So, how can we help our kids deal with this stored emotion in a more positive way?
As with most things in parenting we need to start with ourselves and our reactions. Have you ever noticed that after your child has a meltdown they can actually recover really quickly? For my children, it can be as simple as eating a piece of toast. Once they have expelled that energy and turn their attention to something else all is forgotten. For adults, it can often take much longer to calm from a child’s tantrum. Especially if our emotions have escalated along with the child’s, our blood continues to boil, we stew on what has been said and we find ourselves praying for a break whilst our young ones are already distracted by the television or Lego. In order to help our kids, we have to find ways to remain calm ourselves first, recognise and deal with the emotions they are feeling and then let it all go and move on with our day. Rather than allowing our feelings of frustration and helplessness to add fuel to the fire, remaining calm will often decrease the length and intensity of the episode and you may even be able to pick up on the warning signals before they turn into a full blown tantrum.

Reports

Semester One reports will be sent to parents next Friday via SEQTA reporting software. If you are unable to login to SEQTA or require a printed version, then please see Mrs Faithful in the office. There will be opportunities to meet with teachers next term to discuss reports should there be any concerns. It can be difficult to understand reports; basically a ‘C’ grade would suggest that your child is where they should be for their age based on decisions made by the Australian Curriculum, Assessment and Reporting Authority (ACARA). A ‘D’ would suggest they are working towards this target and anything above a ‘C’ would suggest they are achieving greater than expected. Make sure to read the comments for clarification on the grade given.

Year 5/6 Winter Carnival

The Year 5/6 Winter Carnival will be held this Friday. The students will be competing in basketball, football, soccer and netball. We wish them all the best.

Kind regards

Mr Andrew Gammon
Head of Primary School

Dates to Remember

Friday 1st July
Last Day of Term 2

Tuesday 19th July
First Day of Term 3

Semester One Reports

Semester One Reports will be due to parents via Seqta on the last day of term, Friday 1st July.

Please contact the school office 99411 328 or via email admin@smsc.wa.edu.au if you require your Parent Log In and Password in readiness to view your child’s report.

Thank You
Mrs Faithfull
Cross Country Report

On Friday the 17th June, 36 students from Year's 3-6 competed in the interschool Cross Country. It was a beautiful day that greeted competitors as they prepared to run the 3km (Year 6) and 1.5km (Year 3-5) courses. The Leaders of the primary school departed first leaving from Carnarvon Community College (Marmion street campus). From there students from Years 3-5 moved to their starting locations. Mr Gammon prepared students at the start line, ensuring they were warmed up and focused for their run.

As the competitors started to run it was evident the St. Mary’s students had brought their A-Game. Out of the 8 categories St. Mary’s placed in 7 of them with some extremely solid runs. Of noteworthy mention was a young girl in Year 3, Ulanda Hatt, who, after beginning, had her shoe fall off. Instead of stopping to pick it up she continued on the 1.5km journey finishing with just one shoe.

A big thankyou to Sue-Lyn Munro, Mel Worthington and Sus Aiken who helped to ensure the smooth running of the day. Also thankyou to Mrs Radz for putting together a great fruit platter for the students at the end of their race.

Results;

**Year 3 - Boys**
Clyde Kerr – 3rd

**Year 4 - Boys**
Luke Jordan – 3rd
Bradley Harken – 4th

**Year 4 Girls**
Harmony Bellotti – 3rd

**Year 5 Boys**
Jack Buzzard – 1st
Leon El-Said – 2nd
Regan Bassett – 4th

**Year 5 Girls**
Rachael Schmidt – 2nd

**Year 6 Boys**
Daniel Ferreirinha – 4th

**Year 6 Girls**
Jordie Porter – 1st
Melanie Pidala – 2nd
It’s important not to get too fixed on what makes a book suit this 2016 Children’s Book Week theme. Australia is a Story Country. Our stories come from all over: from our own indigenous people, from migrants and refugees who have come to live here, from books, movies and orally transmitted stories.

Let’s encourage our children to immerse themselves in a range of stories, to read them, listen to them, watch them, think about them, and go on to share them with others! Almost any story with an Australian link of some kind (character, setting, author, illustrator etc) is suitable for this theme.

**KINDERGARTEN INTERVIEWS**
Currently enrolments are being taken for Kindergarten 2017. Interviews will be conducted during August. Parents of siblings already at St Mary’s still need to enrol their child. Interviews however, may not be necessary.

**PRE-KINDERGARTEN 3 YEAR OLD ENROLMENTS**
Enrolments for children to begin the 3 Year Old pre-kindergarten programme are currently being taken. All parents that have children turning 3 prior to attending the Kindergarten programme are welcome to contact the school for further information.
“You and Me”
PLAYGROUP

FRIDAYS 9:30AM–12:00PM

Who: For Aboriginal and Torres Strait Islander families with children 0–4 years old.
Where: 9 Butcher Street (In the playgroup building)

When: Starts, Friday 27th May 2016

FREE

For more information please contact Rebecca on 0438949394 or faithfull.rebecca@cathednet.wa.edu.au

Reading, Painting, Singing, Craft, Dancing and Much More!

Come and join in the FUN!
Parish News

Father Mariusz is inviting any parents and/or their children who would like to be Baptised in the Catholic Church to contact him on 99411768 at the Presbytery.

Uniform Shop
The uniform shop is opened every Tuesday and Thursday from 2.15pm to 3.15pm.

Please see Charmaine for all your uniform needs.

Thank you to the ladies who have volunteered this term.
Volunteers are invited every Tuesday and Thursday from 10.15am to 1pm on a roster basis.
If you would like to be involved please contact the School Canteen on 9941 2483.

Thursday 23rd June - Bridget, Milly and Jack Redden’s Nana
Tuesday 28th June - Kathy Walshaw Preston Moore’s Mum
Wednesday 30th June - Karen Gilbert Rachel and Mathew’s Mum

Thank you charmaine

KIDS CLUB
(PP to Year 7)

Combined with Friday Fun Club

When: Friday 24th June
Time: 2.45pm to 5.00pm

Carnarvon Christian School
Undercover area, Babbage Is. Rd.

For enquiries ring:
John Tomkins: 0428 527 032
Or Brian Frye: 9941 1571
Run by the Churches of Carnarvon

FREE.
Parents / carers welcome to attend.
Saturday 16th July at the Woolshed
A night of rib-ticklin' comedy and foot-stompin' live music!

"I'm Not Dead" 25th Anniversary Tour
THE STEADY EDDY SHOW
Blues, Country and Comedy combine for an unforgettable night at the Woolshed!

Dinner open 7.30pm  Show starts 8pm  Cash Bar  BYO Nibbles

Tickets $30
Available at the Civic Centre or www.carnarvonciviccentre.com