From The Principal’s Desk

The Prayer Thank You God!

Dear Loving and Compassionate God,  
Giver of all gifts,  
we pray especially today for the mercy and love  
You give us.  
Open our hearts and minds to You.  
Give us the grace to accept your mercy.  
As we live each day,  
we pray for those less fortunate,  
especially those who are hurting,  
and whose wounds need to be healed.  
Help us become involved in ways that show them  
how deeply  
we care.  
Give us the personal courage to listen to their  
concerns  
and help them find the solutions to which they are  
extitled.  
as Your children and our brothers and sisters.  
Amen.
Dear Parents, Teachers and Friends,

Now here’s an interesting question to ponder: “Is your child overindulged?” How would you know? Well fortunately, Jean Illsley Clark, co-author of the book, “How Much Is Enough?” has developed a paragraph or two to give you an idea: “Overindulgence is giving too much of what looks good, too soon, too long. It is giving children things or experiences that are not appropriate for their age or their interests and talents. It is the process of giving things to children to meet the adult’s needs not the child’s. Overindulgence is giving a disproportionate amount of family resources to one or more children in a way that appears to meet the children’s needs but does not, so children experience scarcity in the midst of plenty. Overindulgence is doing or having so much of something that it does active harm or at least prevents a person from developing and so deprives that person from achieving his or her potential. Overindulgence is a form of child neglect. It hinders children from performing their needed developmental tasks and from learning necessary life lessons.”

When meeting the “adult’s” needs becomes the process, it could be because the parent wants their child to make them “look good” or because a parent was poor or deprived as a child and doesn’t want their child to feel that way or because it’s a quick way to pay them off for being so busy and not having time for their child.

Overindulgent behaviour on behalf of a parent leads to excessive self-centredness and immature behaviour in the child. Children need to learn the difference between what they want and what they need and the difference between asking and demanding. They will not learn such differences by being overindulged. In fact, they will develop limited tolerance for discomfort, for disappointment and will not develop the ability to delay gratification.

If parents fail to enforce age-appropriate limits to what their children can have or do, then, their child will not function well at that particular stage of their development and so won’t be able to move on properly to the next developmental stage. The problems will continue to mount well into adulthood, where adults, who consider themselves “overindulged” as children, make comments about themselves such as: “I have extreme difficulty making decisions.” “I don’t have to grow up because other people will take care of me.” “I need praise and material reward to feel worthy.” “I feel like I need a lot of material things to feel good about myself.” “I’m unlovable.” “I constantly need outside affirmation from my friends.” From How Much is Enough.

There is no doubt that society places pressure on all of us to overindulge. Advertising places no emphasis on personal integrity and strength of character but rather on all things material like how you look, what you wear, what you have, and your “freedom” to do what you like. To survive this bombardment, children will need their parents to provide firm guidance, courage to confront inappropriate demands and an environment where sharing and caring are visible and felt. What they don’t need are parents who indulge them inappropriately or worse still, overindulge them.

#SHAKESPEARE EVENING
Thanks to our Middle School students and staff for presenting our #Shakespeare evenings on Monday and Tuesday. Much fun was had by all and the students threw themselves into their roles with vigour, there were some excellent performances and perhaps a calling for some in the theatre. Special thanks to Mrs Da Luz and Mrs Slattery for coordinating the evening.

TERM 4 COMMENCEMENT
The first day for students and staff in Term 4 is Monday, October 10.

RECONCILIATION
Congratulations to the students from the school who made their commitment to the Reconciliation preparation at last Sunday’s mass. These students will receive the Sacrament of Reconciliation on 17th November.
SWIMMING LESSONS
Due to insufficient numbers of swimming teachers in town, it-term swimming lessons will not be provided during Term 4.

God Bless

Steve O’Halloran
Principal
We’re nearly there everyone! Term III is finishing on another high with a very successful Performing Arts Showcase concluding on Tuesday night. Thank you to all our wonderful contributors and supporters: Mr Peter Brooks for his lighting design and support, Miss Katrina Ward for her audio and production support, Mrs Holtham for her creativity in the props, costume and media areas, Mr Robbie Notman for his assistance with scenery, Mrs Jacqui Black for her assistance on both nights, Miss Lucy Towers for make-up, Mrs Cheryl Dalgety and Mrs Melissa Worthington for their culinary assistance, Mrs Sandra Griffiths for backstage and kitchen, Mrs Sue-Lyn Munro for kitchen, Mr Steve O’Halloran for his cameo appearance and assistance on both nights, Mrs Susanne Aitkens and Mrs Kim Faithfull for their administrative assistance, Deputy Head Girl Haylie Bumbak for her amazing artwork of the Bard and ‘Trouble’ (Mr Nazzim Khan) for your unforgettable Juliet to my Romeo. Last but not least, to all our parents, staff, friends and family members who came out (some on both nights!) to support our students. Standouts on the night was Year 7 student Dylan Bassett who impressed everyone with his lone speech as Shylock, the Jewish money lender from The Merchant of Venice plus all the performers who managed to stay healthy and REMEMBER their lines! On behalf of my co-writer, director and coordinator Miss Melissa Slattery, we thank you from the bottom of our hearts. To the Middle School students who represented us so well in such a creative and entertaining way … you ROCK!

We farewell Cooper Chapman this week who is off to begin his transition into boarding school down south. All the best Cooper – thank you for your excellent participation and contribution to our school these past few years and especially for your performances this week. The very best of St Mary’s luck to you!

Please be safe this holiday break everyone and I hope that everyone returns to better health for the start of another busy and exciting last term ahead.

Kind regards
Sam Da Luz
Head of Middle School

Parish News
Parish Priest : Fr Mariusz
Phone: 99411768

Weekend Mass Times:
Saturday 7pm
Sunday 8am & 10am

Father Mariusz is inviting any parents and/or their children who would like to be Baptised in the Catholic Church to contact him on 99411768 at the Presbytery.
#SHAKESPEARE
On Wednesday 31st August 2016 the Kindy dads, other family members and family friends joined us for some fun and games. The cricket pitch was a hit with some keen bowlers and batters. There were a few Eagles and Kangaroos on the football field where the kicks were high and the tackles few. The children explored the playground with their visitors and had a few laughs as well. When the afternoon came to an end we all enjoyed some refreshments on the lawn.

We would like to thank all involved for making it such an enjoyable occasion.

Chrissy Firth and Helena Bassett
News

The Carnarvon Dental Therapy Centre is now closed and will re-open in 2017.

Unfortunately the return dates have not been finalised; but we will endeavour to inform you of the dates once they have been confirmed.

In case of an EMERGENCY parents may contact the Carnarvon Hospital Dental Clinic on 9941 6690 OR the Allendale Dental Therapy Centre in Geraldton on 9921 4218, between 8:00AM and 4:00PM for assistance.

Kindergarten

KINDERGARTEN INTERVIEWS
Currently enrolments are being taken for Kindergarten 2017. Interviews will be conducted during August. Parents of siblings already at St Mary’s still need to enrol their child. Interviews however, may not be necessary.

Homework Classes
Homework classes every Tuesday and Thursday. Please contact the school office for further information.

Uniform Shop
The uniform shop is opened every Tuesday and Thursday from 2.15pm to 3.15pm. Please see Charmaine for all your uniform needs.

2017 PRE-KINDERGARTEN
3 YEAR OLD ENROLMENTS

Enrolments for children to begin the 3 Year Old Pre-Kindergarten Programme are currently being taken.

All parents that have children turning 3 years of age between 1st July 2016 and 30th July 2017 are welcome to contact the school office on 99411 328 for further information.
ST MARY'S BAZAAR
SAT. 15th OCT 4-7 pm
• St Marys School Grounds •

fairy floss cakes & plants 2nd hand
festival foods craft
entertainment kids activities
"You and Me"
PLAYGROUP

FRIDAYS 9:30AM-12:00PM

Who: For Aboriginal and Torres Strait Islander families with children 0-4 years old.
Where: 9 Butcher Street (In the playgroup building)

When: Starts, Friday 27th May 2016
FREE

For more Information please contact Rebecca on 0438949394 or faithfull.rebecca@cathednet.wa.edu.au

Reading, Painting, Singing, Craft, Dancing and Much More!

Come and join in the FUN!
ST MARY STAR OF THE SEA CATHOLIC SCHOOL
(PRELOVED BOOK SALE)

JOHNSTON STREET
SCHOOL HALL
OCTOBER 25TH, 26TH, 27TH & 28TH

LOTS OF USED BOOKS, CDs, DVDs, AUDIO BOOKS & GAMES

TUES, WED & THURS 8.00-AM—3.00PM
FRI 8.00AM—11AM

The proceed from the sales will go to purchase supplies for the school

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Monday 26th
NO ACTIVITY TODAY
Public Holiday

Join us tomorrow at the Aquatic Centre!

Tuesday 27th
POOL PARTY
AQUATIC CENTRE & SHP Pool Party Day
3pm to 6pm
FREE BBQ
Blow up Castle
Pool Games
Music

Wednesday 28th
MOVIE DAY
Let's go Fishin'
12pm to 2pm
FREE BBQ
A family friendly activity

Thursday 29th
Activities on the Town Oval
3pm - 6pm
Come join Asi to go for some fun games and to meet her Pony

Friday 30th
Pool & Skatepark
11am - 1pm
FREE SAUSAGE SIZZLE

PCYC
Boxercise & Cooking @ PCYC

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Carnarvon Youth Outreach Services
SHYP Programme
27 to 30 Sep
3 to 7 Oct
Registration must be completed by Parents or Guardians of young people wanting to participate.
Age group: 5yrs to 16yrs
Register at the Pool Party Activity
T: 0419 798 615 for more info

Supported by:
Villa Vista
WILDLIFE

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KAYAKING & SUPS!!
@ Town Beach
1pm to 5pm
FREE BBQ
Adults & Kids

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MOVIE DAY
Town Oval
3pm - 6pm
FREE ACTIVITY
Meet Asi to go for some fun games and to meet her Pony

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PCYC
Boxercise & Cooking @ PCYC

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PCYC
Boxercise & Cooking @ PCYC

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PCYC
Boxercise & Cooking @ PCYC

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PCYC
Boxercise & Cooking @ PCYC

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PCYC
Boxercise & Cooking @ PCYC
Carnarvon Junior Cricket
Season 2016/2017
Cricket commences Monday 10th October
5pm
Into Cricket (Kindy—Year 2) Registration
Under 13s Registration & Game
Under 17s Registration & Training
Please come along and register
Weekly Games
Into Cricket—Fridays
Under 13s Game Monday Train Friday
Under 17s Train Monday Game Friday
Fees $80 all levels
Informal training Fridays Under 13s & 17s
commencing 16th September

LIONS CLUB JUNIORS
FISHING DAY EVENT
ALL CHILDREN PRIMARY SCHOOL AGED AND UNDER WELCOME
SATURDAY 8 OCTOBER 2016
9.00am – 11.30am
FISH ANYWHERE AROUND THE FASCINE
No need to register - just take your fish in a
bucket to the weigh-in officials
At the Gazebo opposite Pioneer Park
and then release it afterwards

FISH FOR THE FUTURE – weigh one fish in at a time

LOTS OF GIVEAWAYS

Proudly Sponsored By

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Enquiries to:
John Maitre 0427 413 161

Mental Health First Aid
WANT TO HELP
the mental health of your community?

Attend a 12-hour Standard Mental Health First Aid (SMHFA) Course
This course teaches first aid skills for adult members of the public to give initial help to adults
experiencing mental health problems, in a mental health crisis situation,
or in the early stages of a mental illness.

Where: Sobeiras Up Centre, Carnarvon Hospital Health Campus, Clever Street, Carnarvon
When: 11th & 12th October 2016 - During World Mental Health Week
Instructor(s): Peter Liedel & Nicole Elker
Cost: Free
If you're interested in attending this 12-hour SMHFA course, please contact:
Contact name: Nicole Elker - Midwest Mental Health
Phone: 08 9941 6600
Email: nicole.elker@health.wa.gov.au
Additional information: Please contact Nicole for further information and registration

For further information about Mental Health First Aid Australia, please visit our website at:
www.mhfa.com.au