To the Holy Spirit

Breathe into me, Holy Spirit, that my thoughts may all be holy.
Move in me, Holy Spirit, that my work, too, may be holy.
Attract my heart, Holy Spirit, that I may love only what is holy.
Strengthen me, Holy Spirit, that I may defend all that is holy.
Protect me, Holy Spirit, that I may always be holy.
St. Augustine
Dear Parents, Teachers and Friends,

Here’s an extract from the Magazine Section of the New York Times of 3rd September, 1911; how little some things have changed. “On Christmas morning, when little Johnnie with his new drum and rubber boots clasped firmly in his arms, crawls up onto your knee and says, ‘Pa, where’d these come from?’ you would say with perfect freedom of conscience, ‘Why, Johnnie, Santa Claus brought them.’ It will not be lying. It will be ‘poetic fiction’. But when the rent collector comes around and raps threateningly at the door, and you find you’re several dollars short on the monthly contribution to the landlord, it is very unwise to send Johnnie to the door with the announcement that, ‘There’s no one at home’, for you are liable to start Johnnie in the disgraceful habit of lying. It is a very risky thing to do.” Author unknown.

Over the past few years, “disgraceful” has been the tag worn by many a sportsperson found out living the lie of taking performance enhancing drugs. Then, there is the procession of consultants lying to investors, job applicants lying in their resumes, politicians untruthful about donations, company directors engaging in perjury. Lying is a breakdown in communication. Words need to mean what they say; if they do not, we are speaking in a different language to one another. Lack of truthful communication brings about a lack of trust. When we can’t trust each other, there will inevitably be a breakdown of relationship.

Lying in public has always attracted a penalty on the person who was “found out”. Back in 1626 there was a fine of five shillings for “lying in public” and, if the money was not available, it was substituted with “two hours in the public stocks!” Telling lies is something everyone has to deal with in life and, if someone tells you they have never told a lie, then, guess what: they’re lying to you.

When children are very young, they have difficulty in distinguishing between fantasy and reality and so will often come out with a “whopper”. They are in no way trying to “manage information” or “be economical with the truth” for personal gain. Older children tell lies for more self-serving purposes, perhaps to get out of trouble or to protect their privacy. For teenagers, lying can be part of their struggle for independence; freedom is such a desirable thing, that teens will do just about anything to get it.

When we find that our children have lied to us, there is little to be gained by fronting them with statements like, “You’re a pathological liar and I’ll never trust you again!” Children who can rely on their parents not to “fly off the handle” are more likely to own up to wrongdoing. We can best help children by modelling truthfulness and by showing appreciation to a child who has not lied but has shown courage to tell the truth.

Children need to have it put strongly to them that, if they are untruthful, people will start to lose confidence in them as being trustworthy. On the other hand, if children are known to be truthful, not only will they be confident in themselves, but others will know that they can be counted on. Because children learn by watching and listening to adults, we have to be careful that we don’t repeat facts inaccurately, otherwise our children will think that lying is okay.

**AGM MEETINGS OF SCHOOL BOARD AND P & F**
The Annual Community Meeting of the St Mary’s School Board and the Annual General Meeting the St Mary’s Parents and Friends Association will be held next Wednesday evening beginning at 6:00 pm in the school hall. All interested members of the St Mary’s School community are invited to attend.

Drinks and nibbles will follow the meetings.

**RECONCILIATION MEETING**
Tomorrow evening in the library beginning at 6:00 pm, there will be a parent/child Reconciliation Meeting. Families are asked to bring their green Reconciliation Preparation book with them to the meeting. The Sacrament of Reconciliation will occur on Thursday, 17th November.

**YEAR 9 AND 10 SOCIAL**
The Year 9 and 10 students will be celebrating their annual social this Saturday evening in the school hall. The evening begins at 6:00 pm and finishes at 10:30 pm. These are always great events and we hope to see all of our Year 9 and 10 students there.
**SPLASH CARNIVAL**
The Year 1 and 2 Splash Carnival is being held tomorrow at the Carnarvon Aquatic Centre. Students are being bussed down at 9:00 with events beginning at 9:30, these will be followed by a sausage sizzle and free play. All parents and friends are welcome to attend.

**FACTION SWIMMING CARNIVAL**
Next Wednesday, November 16, the annual Faction Swimming Carnival will be held at the Carnarvon Aquatic Centre. This is always a terrific day for the students and we’re sure competition will be bringing out the best in the competitors. All parents and friends are welcome to attend.

**PROFESSIONAL DEVELOPMENT DAY**
Friday 2nd December is a staff professional development day where we analyse data on student performance this year and plan for 2017. This is a pupil free day.

**BEGINNING OF 2017**
The first two days of the school year for students, Monday January 30 and Tuesday January 31, are pupil free staff development days. Students’ first day of school for 2017 is Wednesday February 1.

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**Head of Primary School**

There was a series recently run on ABC called ‘Man Up’. The short series looked at what it takes to be a man and how our preconceived idea of what it means to be a man is contributing to one of the largest epidemics in Australia: suicide. The figures are scary, and whilst concerning for all our children, there seems to be a common theme contributing to the crisis: young men feeling hurt and not knowing how to deal with it.

As a father of young boys it is a scary reality that we have to raise them to cope with the many challenges and stresses of life whilst adhering to this idea of what it takes to be a man. Too often we find ourselves saying things like, “toughen up”, “stop crying” or “stop being a girl”. These comments, whilst being dismissive of our little girls, are not good for our boys. We need to teach our children that it’s ok to have emotions; however, it is not ok is to act out violently or aggressively towards others because of them. Comments like the ones mentioned before only teach boys to supress their hurt, anger, anxiety and confusion, rather than to learn to deal with them. If we are to succeed in helping the boys in our life grow to be successful men, we need to rethink the messages we give them.

If you have not watched the series, I recommend you do.

**Swimming Trials**
The Year 3 - 6 students participated in the school swimming trials yesterday in preparation for the upcoming Interhouse Athletics Carnival (Wednesday 16th November). Whilst many students battled to beat their personal best times, what impressed me the most was the desire and ‘never give up’ attitude displayed by many of our weaker swimmers. Well done, on a courageous effort.
Remembrance Day
At 11:00am on the 11th of November in 1918 the First World War ended. All around the world people celebrated the return of peace and reflected on the incredible loss and suffering caused by the World War. This day and time was chosen to honour and remember all those brave men and women who have died in wars for us.
Our school service will be held on the oval by the flagpole at 11:00am on Friday 11th November. All parents and family are welcome to join us.

Primary Disco
The Parents and Friends Committee will be hosting a Primary School Disco on Friday 18th November in the school hall. The disco will cost $5 and all students will receive a juice box, hot dog and a Freddo frog. The Kindy to Year 1 students will have their disco from 4:30-5:30pm with food served afterwards. The Year 2 - 6 students will have food at 5:30pm in preparation for their disco held from 6:00 – 7:30pm. The Student Representative Council will be supporting the P&F; however, more help will be needed. If you are able to help with the set-up, cooking, serving or anything else, please let the office know. More information will be sent home soon.

Year 3 Reconciliation
Currently, many of the Year 3 students are participating in the home program in preparation for their First Reconciliation in Week 6. On Thursday, they will be attending a final meeting with Fr Mariusz and their parents. We wish them all the best as they prepare for this sacrament.

PAT Testing
In Week 6, the primary students will be sitting the Progressive Achievement Tests (PATs). These standardised assessments are very beneficial for us as a school as it gives us information on the effectiveness of our teaching, the growth of our students and ultimately, how we can help your children move forward into the future.

Growth and Development
Over the next two weeks, the Year 5 and 6 students will be involved in a Growth and Development program being conducted by the community health nurse. More information has been sent home to parents.

Kind regards
Andrew Gammon
Head of Primary School

Parish News
Parish Priest : Fr Mariusz
Phone: 99411768
Weekend Mass Times:
Saturday 7pm
Sunday 8am & 10am

Uniform Shop
The uniform shop is opened every Tuesday and Thursday from 2.15pm to 3.15pm.
The uniform shop will also be open next year, Wednesday 25th January from 10am to 2pm.
Please see Charmaine for all your uniform needs.

Homework Classes
Homework classes every Tuesday and Thursday. Please contact the school office for further information.
Student Mobile Computing Device Recommendations
2017

From the beginning of 2017, all students from Year 5 – Year 10 will be expected to have their own laptop to participate in class at St Mary Star of the Sea Catholic School. The type of computer needs to be standardised for compatibility with system and school requirements.

There are many makes and models of computers available on the market. Whichever make of computer you choose to buy your son/daughter, the School gives the following general recommendation for compatibility with the recommended software/apps and for the ability to access the permitted area of the School network. The School only provides access to an area of the network for personal devices which will give students access to the Internet and e-mail.

Laptop/Notebook Computer Recommended Specifications

<table>
<thead>
<tr>
<th>Criteria</th>
<th>Windows computer recommendation</th>
</tr>
</thead>
<tbody>
<tr>
<td>Operating System</td>
<td>Latest Windows Operating system (No Apple Mcintosh please)</td>
</tr>
<tr>
<td>Architecture</td>
<td>Latest Architecture</td>
</tr>
<tr>
<td>Processor</td>
<td>Latest Intel CPU and architecture (at least i5 or i7 CPU recommended)</td>
</tr>
<tr>
<td>Wireless</td>
<td>WiFi with 802.11n WPA2 Enterprise and EAP-MSCHAP v2 support. 802.11ac support recommended</td>
</tr>
<tr>
<td>Memory</td>
<td>Minimum 4GB RAM. 8GB or more recommended</td>
</tr>
<tr>
<td>Display</td>
<td>Minimum of 1280x1024 Display resolution</td>
</tr>
<tr>
<td>Graphics</td>
<td>Latest Graphics support with DirectX</td>
</tr>
<tr>
<td>Ports</td>
<td>Latest USB ports (at least USB 2.0, USB 3.0 recommended)</td>
</tr>
<tr>
<td>AntiVirus/Security Software</td>
<td>AntiVirus Software with latest updates</td>
</tr>
<tr>
<td>Multimedia</td>
<td>Speakers and multimedia capability</td>
</tr>
<tr>
<td>Carry Case</td>
<td>Secure and sturdy carry case with a clearly visible name tag</td>
</tr>
<tr>
<td>Screen Size</td>
<td>12 Inches to 14 Inches</td>
</tr>
</tbody>
</table>

Important Notes:

Always ensure that the operating system of the computer/device has the latest updates installed.
Always ensure that the AntiVirus program is current and has up to date virus definitions.
It is advised that you insure the computer against theft, loss and damage.

By using their own personal device at the School, students automatically agree that they must abide by the School ICT Policies and understand that any violation of the policies mean that disciplinary action may be taken against them. In addition, certain acts of misuse of ICT, including hacking, could be classified as Federal offences under certain statutes.

At the end of this year, a number of laptops from the current laptop lease programme will be available for sale. These machines will be offered to those students who have been part of the laptop lease programme the longest. All will be compliant with the minimum standards above. These laptops will be sold with NO WARRANTY.

Students will not have the opportunity to purchase the laptop they are currently using. All laptops currently in use by students will need to be returned to the school where they will be decommissioned before being offered for sale. The price for each laptop will be $300 and expressions of interest to purchase will be sought in the coming weeks.
St Mary’s Thank You Morning Tea

When: Thursday 1st December 2016
Time: 10.40am
Where: St Mary’s School Staffroom
RSVP: Kim Faithfull
9941 1328
30th November 2016

In recognition of the help and support you have provided to the staff and students of St Mary Star of the Sea Catholic School, we would like to invite you to the annual Thankyou Morning Tea.

Without your support of the many events in the School, it wouldn’t have the wonderful community spirit and facilities it has today
We look forward to seeing you there.

Mr Steve O’Halloran
Principal

2017 KINDY AND PRE-KINDERGARTEN 3 YEAR OLD ENROLMENTS
Enrolments for children to begin the Kindy and 3 Year Old Pre-Kindergarten Programme are currently being taken.
All welcome to contact the school office on 99411 328 for further information.

Summer will soon be here – enrol now for swimming lessons
Enrolments for December/January lessons are now open. It is important for every child to learn to swim and develop essential water safety skills. VacSwim’s school holiday swimming lessons are conducted by qualified instructors who teach children the skills to be confident swimmers and safe in the water. Children 14 years or older are encouraged to enrol for the higher level lessons and the Bronze Medallion.

For further information and online enrolment visit education.wa.edu.au/swimming
“You and Me”
PLAYGROUP

FRIDAYS 9:30AM – 12:00PM

Who: For Aboriginal and Torres Strait Islander families with children 0-4 years old.
Where: 9 Butcher Street (In the playgroup building)
When: Starts, Friday 27th May 2016
FREE

For more Information please contact Rebecca on 0438949394 or faithfull.rebecca@cathednet.wa.edu.au

Reading, Painting, Singing, Craft, Dancing and Much More!

Come and join in the FUN!
CELEBRATE CARNARVON’S PAST

Celebrate our rich heritage throughout the month of November. Carnarvon Library and Art Gallery proudly presents an exhibition celebrating our town’s history and a talk focused on exploring the origins of our own families.

Photographic Exhibition: 1 – 10 November

Take a walk down memory lane with our newly curated collection of local photographs and slides depicting Carnarvon from years gone by. Help us preserve the quality and integrity of our local history collection by filling in the missing pieces of the puzzle. Our volunteers have identified some places and people in the collection but not all. Why not come along and see if you recognise anybody.

Pathways* to the Past: Family History for Beginners. Thursday 10 November 5 – 7pm

We are thrilled to welcome Leonie Hayes—Senior Subject Specialist from Perth’s State Library. Leonie will be presenting an introduction to family history research for beginners. It covers how to get started, where to go, key resources at the State Library and online and much, much more. Booking is essential for this talk.

**Pathways* to the Past will only be available online**

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KIDS CLUB

(PP to Year 7)

COMBINED WITH FRIDAY FUN CLUB

When: Friday 11th November
Time: 3.00pm to 5.00pm

Carnarvon Christian School
Undercover area, Babbage Is. Rd.

For enquiries ring:
John Tomkins: 0428 527 032
Or Brian Fyffe: 9941 1571

Run by the Churches of Carnarvon

FREE.
Parents/carers welcome to attend.

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HOME & BUSINESS CHRISTMAS DISPLAY COMPETITION

Decorate your home or business from 1 December through to 22 December to be in the draw to WIN great prizes!

ENTER TO WIN

HOME DISPLAY
1st Prize - $500
Horizon Power Bill Credit
2nd Prize - $200
Home Hardware Voucher
Peoples Choice - $100
Voucher Pack

BUSINESS DISPLAY
$500 Marketing Package

Registrations close Friday 25 November

Registration forms are available online at www.carnarvon.wa.gov.au or at the Shire Office on Francis Street, Monday to Friday - 9am to 4.30pm.

Proudly sponsored by:
HORIZON POWER
CARNARVON
HOME