



School Newsletter

Term 1 Issue 8

22nd March 2017

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Steve O'Halloran

Marie Gane
Robyn Bumbak
Sue Jordan

St Mary Star of the Sea School Board

Ex-Officio Karen Gilbert
Ex-Officio Jim Andreoli
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Member
Member
Member

Treasurer
Member
Vice Chair
P&F Rep

FROM THE PRINCIPAL'S DESK

IMPORTANT DATES TO REMEMBER

Sunday 26th March
Tuesday 28th March
Friday 31st March

Sunday 2nd April
Thursday 6th April

Friday 7th April
Friday 14th April
Saturday 15th April
Sunday 16th April
Monday 17th April
Monday 24th April
Tuesday 25th April
Wednesday 26th April

Communion Commitment Mass - 9am
Nagle Year 11 2019 Parent Information Evening - 6pm
MS Assembly - 1pm
PS Assembly - Yr 4 - 1:50pm
MS Homeroom 3 and 4 Mass - 9am
Holy Week Liturgy - Yr 8
Last day of Term One
Pupil Free Day
Good Friday
Easter Sunday
Easter Sunday
Easter Monday
Pupil Free Day
Anzac Day
First day of Term Two

Prayer to Serve God Well

Father of Mercy,
forgive my failings,
keep me in Your Grace,
and lead me in the way of salvation.
Give me strength in serving You
as a follower of Christ.

May the Eucharist bring me Your Forgiveness
and give me freedom to serve You all my life.
May it help me to remain faithful
and give me the grace I need in Your service.
May it teach me the way to eternal life.
Amen



Dear Parents, Teachers and Friends,

One of the themes highlighted throughout Lent is that of forgiveness.

Jesus said that people would recognise us as His disciples by the way we love one another: "And now I give you a new commandment: Love one another. As I have loved you, so you must love one another. If you have love for one another, then everyone will know that you are my disciples". –John 13: 34-35. One of the main ways in which love is expressed is in forgiveness and forgiveness is the way in which we demonstrate Christ's presence and the way in which Christians make a real difference to the welfare of the world's people.

The family of Gracilla Martinez was caught up in one of the more recent conflicts in South America. Her son was taken into confinement and eventually executed for protesting against injustice. He surprised her at their last meeting by saying to her, "Forgive them or they will be the victors". For the next ten years Gracilla could think of nothing but hatred and revenge. A friend coaxed her to attend a workshop on forgiveness during which she began a healing process. Later she stated, "I only forgave when I saw how destructive my hate was, how it consumed my energies, crippled my friendships and disabled any good that I wanted to do. I wanted to be freed from the prison I had erected in my life. I saw, finally, the truth of my son's last words, that when we return hatred to those who hate us, we fall into playing their game according to their rules – and do them the great favour of hurting ourselves."

A quick look around the world will illustrate how true these words are. There is little doubt that forgiveness is an important way in which the hatred between people and nations can be absorbed, neutralised and brought to nothing. More than ever the world needs the message of Christ's "new commandments" to be proclaimed through the lives and influence of Christians – Christ's disciples. Forgiveness can be infectious; the impact of our act of forgiveness towards another person can make them rethink their circumstance and perhaps lead to further forgiveness. Of course, like most things, forgiveness begins "at home"; firstly, within ourselves to clean out the "baggage" we have been carrying around for perhaps years, then to our family, extended family and farther out.

Mahatma Ghandi once said that if everyone were to follow the "eye for an eye" principle of revenge, the whole world would go blind. So, too, might it be said that if everyone were to practise forgiveness what a splendid vision the world would offer.

COMMUNION COMMITMENT MASS

The students who are making their First Holy Communion this year will be making their commitment at this weekends 9:00 am mass. We pray for these students as they make this important step in their faith journey which culminates in them receiving the sacrament for the first time on Sunday, May 28.

NAGLE 2019 REMINDER

A friendly reminder that the Year 11 2019 Information Evening will be held at Nagle's Carnarvon Campus (39 Egan St) on Tuesday 28 March, commencing at 6pm. Key information, including an exciting curriculum announcement, will be provided.

The staff and students of Nagle's Carnarvon Campus look forward to meeting with you.

END OF TERM

The last day for students will be Thursday, April 6. The first day back for students in Term 3 is Wednesday, April 26.

HOME ROOM MASS

The next Home Room Mass will be held on Sunday, April 2, and is being led by MS 3 and MS 4. As was mentioned at the Parent Information Night, attendance at Home Room Masses is an expectation for all students of the organizing home rooms and if students can't attend a note detailing the absence is expected. Attending mass on occasions such as Home Room Masses is an expectation of enrolment at St Mary Star of the Sea Catholic School.

SWIMMING LESSONS

St Mary's is aiming to conduct swimming lessons in Term 4. There is a shortage however, of qualified swimming instructors. A course to qualify interested persons to become swimming teachers will be organized if enough participants register. Interested parents should notify the school if they are able to complete this course. Unless we have enough qualified instructors, unfortunately swimming lessons will not occur this year

SCHOOL LEADERS ANNOUNCED

Last week, interviews were held for our Middle School leaders and we are proud to announce the following:

Head Boy
Head Girl

Duke Warren
Grace Punch

Student Representative Council

Year Seven	Angela Lyall Niamh Alston
Year Eight	Montana Brooks Raj Gupta
Year Nine	Mikhayla Capewell Denva-Le Smith
Year Ten	Matilda Anderson Liam Campbell

Faction Captains

Forrest	Bree Hudson Angel Marino
Grey	Jessica Fernihough Joseph Garcia
Stirling	Rachel Gilbert Kai O'Loughlin

We wish these students all the best in representing our school.

God Bless



Steve O'Halloran
Principal



*St Mary Star of the Sea Catholic
Parish, Carnarvon*

1917-2017
100 Years of Fatima

**Our
Lady of
Fatima
Evening**

Saturday 13th May 2017

Mass & Procession 6pm
Dinner ~ Bar ~ Raffle & Auction ~
Gassy River Band ~ Special Guests

**Adult \$25, Children \$10, Family
\$60 (2 Adults and Children)**

PosterMyWall.com

Head of Primary School

Reading with your children

We all know that reading to your children is important. Even before a child can decode the text on a page, or understand a story, reading helps them to form attachments, learn about language and develop an understanding about communicating with others. Research suggests that the stronger these skills are when a child reaches Kindergarten, the more prepared and ready they are to read.

Further to this understanding, a neuroscientist, Erin Clabough, suggests that parents should “read with their kids, not just to them.” For example, pausing, discussing and reflecting while reading allows children to put themselves in the minds of the characters, teaching them to problem solve and deal with conflict before the characters do. “Reading with your kids” inspires growth and encourages children to have empathy for others. Doing this helps children to not only be better readers, but how to show empathy and build relationships with others.

Harmony Day

On Tuesday, we celebrated Harmony Day. Harmony Day is celebrated each year on the 21st March. It is a day when we embrace Australia’s cultural diversity and show respect and appreciation for everyone who calls Australia home. The message of Harmony Day is that ‘*everyone belongs*’. All the students dressed up for the occasion and contributed a gold coin donation towards Project Compassion. Your efforts and contributions are much appreciated. Thank you!



Bike Week

On Friday, the Primary students were visited by the Road Safe Committee. They discussed with the students the importance of wearing helmets and staying safe on the road. They also came to promote “Bike Week”, which is being held this week. As part of the promotions, the students have been given an opportunity to enter a colouring in competition. These will be completed at school and entered on the student’s behalf. The winner will receive a \$50 Toyworld voucher to spend on a new bike helmet. Please talk to your children about the importance of wearing a helmet. Whether you’re on a scooter, skateboard, roller skates or bike; if you hit the road without a helmet, you could be in a lot of trouble.

First Holy Communion Commitment Mass

The Year 4 students have commenced their preparations for their First Holy Communion with a parent information session held last week. This Sunday, the 26th March at 9:00am is the Commitment Mass. All students making their First Holy Communion are expected to attend. Thank you to Miss Roche and Fr Mariusz for their help in preparing our students to receive this sacrament.

Kind regards

Mr Andrew Gammon
Head of Primary School

Parish News

Mass times have been changed - They are now

**Saturday night - 7pm
Sunday morning - 9am**

First Holy Communion

Sunday 26th March	Commitment Mass
Thursday 25th May	Parent/Child Meeting
Saturday 27th May	Church Clean and Tidy-Up
Sunday 28th May	Eucharist

Confirmation

Thursday 15 th June	Confirmation Parent Meeting
Sunday 18 th June	Commitment Mass
Thursday 10 th August	Parent/Child Meeting
Saturday 12 th August	Church Clean and Tidy-Up
Sunday 13 th August	Confirmation

LENTEN ACTIVITIES

LENT— a traditional time of PENANCE, should be marked by **Prayer** (participating in the Eucharist, family prayer, visiting a church, reading the Scriptures, making the Way of the Cross, praying the rosary, etc); by **Self Denial** (abstaining from meat, sweets, giving up entertainment to spend time with the family, limiting food and drink so as to give to the poor); and by **helping others** (giving special attention to someone who is poor, sick, elderly, lonely, overburdened)

The parish has a **Lenten Program** 'get together' each Wednesday evening in the Parish Centre commencing at 6:15pm. Call Fr Mariusz on 99411768 for details.

FRIDAY DURING LENT—**Stations of the Cross** each Friday during Lent commencing at 6.30pm. This is a very moving way to witness Christ's last hours. The reflections for each Station remind us of our own trials and sufferings in our daily lives and the lives of others.

All Parishioners are welcome to attend

Father Mariusz



WHAT YOUR DONATIONS CAN DO

Working hard to help with children here around the world

LOVE YOUR NEIGHBOUR

PROJECT COMPASSION

Please give generously and support Project Compassion
1300 524 433 caritas.org.au

Caritas AUSTRALIA
The Catholic Charities of Australia

PARENTS AND FRIENDS NEWS

What a fantastic celebration at our St Patrick's Night! A big thank you to all who attended, and a special thank you to our volunteers and helpers - you make these evenings possible!

The picture below perfectly summarised the night: good music, a great atmosphere and good food.

We would like to thank the following businesses for their invaluable support for last night. We would like to especially thank Carnarvon Fresh IGA for their donation of 250 sausages for our dinner - an amazing act of generosity from our one of local businesses. Please show all of our small businesses some gratitude by remembering to #shoplocal!

- ~ Carnarvon Fresh IGA
- ~ Everywhere Travel
- ~ Barry Evans Furniture and Carpets
- ~ Carnarvon Post Office
- ~ Norwest Surf
- ~ Mitre 10
- ~ Amcal Pharmacy Carnarvon
- ~ 777 Pharmacy Carnarvon
- ~ R&L Couriers



Finally, a huge thank you to the amazing Gassy River Band for their awesome tunes, and to Mr Paul Fee and Miss Katrina Ward for their beautiful Mass music.



NETBALL FUN!

On Monday 20 March Alex Vaughan-Taylor brought her Shooting Stars Netball players across from the Community College to play a friendly scratch match against our St Mary's teams. Our teams had been training for a few weeks prior to game night and were really excited about some friendly competition, ahead of the club netball season in Term 2.

Four teams played across the afternoon, Year 7, Year 8, Year 9&10 and a Staff Team and it was great to see all players having fun and showing off their skills.

The Community College teams were very generous and brought across plenty of fruit and lollies for both sides and there was lots of cheering and music throughout the event.

We look forward to developing some more Middle School competition with CCC over the course of this year and would like to thank them for coming over for the games.

Thanks also to all of our fabulous players who did me proud with great enthusiasm, organization, sportsmanship and dedication! Special thanks to Jess Fernihough, Jessie Jarvis, Matilda Anderson and Bianca Dei Guidici for umpiring and scorekeeping throughout the afternoon!

Results are shown below

Year 7 won 13-9

Year 8 won 15-4

Year 9&10 lost 10-11

Staff lost 16-3



Miss Towers

Health and Physical Education

Year 11 2019 Parent Information Evening

Nagle Carnarvon Campus
Tuesday 28 March
6pm



Nagle Catholic College Offers

- The opportunity to stay together as a family
- Small classes
- Quality educational experiences
- ATAR and Industry Pathways
- Excellent pastoral care and support
- Development of the whole child
- Support from staff and students in a larger school
- Extensive transition support from middle to senior school

Curriculum Pathways



"You and Me" PLAYGROUP

Facilitated Playgroup

Monday and Wednesday 9:00AM-12:00PM

Who: For Aboriginal and Torres Strait Islander
families with children 0-5 years old

Where: 30 Egan Street

FREE

For further information please contact Rebecca on
04 30949394 or faithful-rebecca@catholnet-wa.edu.au

Reading, Writing, Numeracy, Craft, Drawing and Music Making



Come and
join in the
FUN!

SCHOOL FEE ACCOUNTS

SCHOOL FEES

Accounts have been posted to all families. Included with the statement is a Payment Options Form; Direct Debit Form and information regarding Health Care/Pension Card Fee Discounts.

Payment Options Form: Please complete your Payment Options form and return it to the school. This indicates your commitment to the school with regards to your fees.

Direct Debit Form: Please complete this form to pay by Direct Debit and return to the school at least two days prior to your first payment. **Please remember when paying by Direct Debit to ensure that you have funds in your bank account to cover payments. Any payments missed will have to be made up either by extending your end date or paying by EFTPOS or Cash at the school administration office.**

IT IS EXPECTED THAT ALL FEES ARE PAID IN FULL BY OCTOBER 2017

HEALTH CARE CARD FEE CONCESSIONS

Kindy to Year 10 Holders of Centrelink Health Care and Pension Cards may be eligible to receive Fee Discounts. The card must be current and show the names of the children attending school. The discount can only be given to the person responsible for payment of the school fees.

Holders must have one of the following cards:

- Pensioner Card—issued every two years on the cardholders birthday
- Most Health Care Cards—reissued automatically if eligible (usually valid for 1 year)
- Low Income Health Care Card—usually valid for 1 year and must be renewed each year

Parents of children who are in receipt of ABSTUDY are NOT eligible to receive HCC Fee concessions.

Department of Education Secondary Student Assistance Parents of children in Years 7—10 who hold Health Care Card or Pension Cards are also eligible to receive assistance through the Dept of Education.

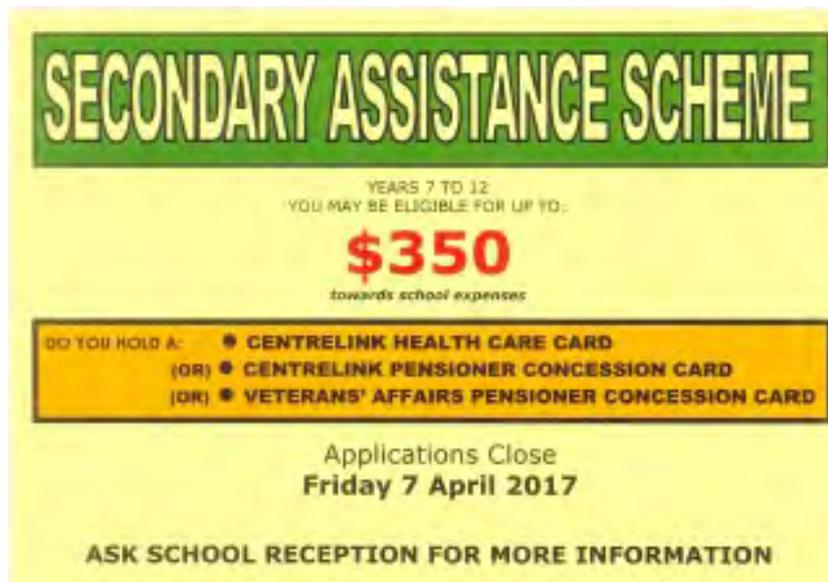
Applications for Secondary Assistance close on **Friday 7th April**. Claims cannot be made after this date.

Parents of children who received ABSTUDY are eligible to receipt a small rebate from this Assistance scheme.

All families claiming fee discounts **MUST** complete new forms for 2017. PLEASE BRING YOUR CARD TO THE OFFICE TO BE COPIED AND PAPERWORK TO BE COMPLETED.

If you have any queries regarding your fees, fee payments, Fee concession discounts please contact the School Bursar, Anna Brooks on 99411328 or email accounts@smsc.wa.edu.au.

Thankyou.



SECONDARY ASSISTANCE SCHEME

YEARS 7 TO 12
YOU MAY BE ELIGIBLE FOR UP TO:

\$350
towards school expenses

DO YOU HOLD A: ● CENTRELINK HEALTH CARE CARD
(OR) ● CENTRELINK PENSIONER CONCESSION CARD
(OR) ● VETERANS' AFFAIRS PENSIONER CONCESSION CARD

Applications Close
Friday 7 April 2017

ASK SCHOOL RECEPTION FOR MORE INFORMATION

Shigella Fact sheet

There has been a recent rise in the number of cases of Shigella (a gastrointestinal illness) in the Midwest, with 17 cases so far this year.

- Shigella can cause diarrhoea (sometimes with blood), vomiting, abdominal cramps, headaches and fevers.
- People get sick about 1-3 days after getting the infection.
- They are usually sick for 5 to 7 days.
- People can give the infection to others whilst they are sick and until up to 4 weeks afterwards.
- You get the infection from contaminated hands and surfaces or through contaminated water and food, and it can also be spread via sexual contact.

Stopping the Spread of Infection

The spread of infection can be easily reduced by doing the following:

- Regular **hand washing with water and soap**, most importantly after going to the toilet, contact with affected persons and touching possible contaminated surfaces.
- **Wash hands very thoroughly before eating or handling food** and if possible **ask someone else to prepare the food if you are sick**.
- **Supervise children** when they are washing their hands.
- **Wash and / or peel vegetables and fruit** prior to eating.
- Affected people should be **excluded from work and school** until at least 24 hours after their diarrhoea stops.
- If infected person works in **health-care, aged-care, child-care or is a food handler or attends child-care** they need to be excluded until they have had normal stools for 48 hours. Depending on your occupation you may require medical clearance prior to your return – check with your employer if unsure.



COMMUNITY NEWS

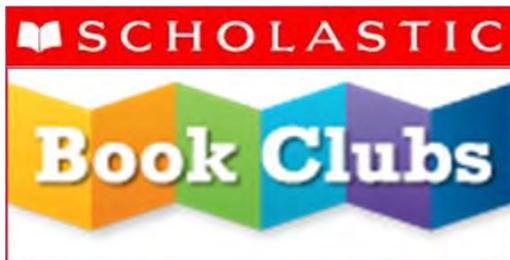
Carnarvon School Dental Clinic



We will conclude our current visit in Carnarvon on 30/3/2017.

The clinic will re-open Tuesday 8th August – 15th Sept 2017

Scholastic Book Cub is due back to school on the 24th March.



Uniform Shop.

The uniform shop is opened every Tuesday and Thursday from 2.15pm to 3.15pm.

Homework Classes

Homework classes are each Tuesday and Thursday.

Please contact the school office for further information.



Wesley LifeForce Community Forum

Carnarvon Subtle Prevention Network

Want to contribute to subtle prevention in your community? The Carnarvon Subtle Prevention Network invites you to attend a Community Forum on subtle prevention.

Date: 22 March 2017

Time: 1:30 pm

Venue: Green Road PCYC Centre, 400 Robinson St, Carnarvon

Guest speakers and BBQ Lunch included

More

By phone: 08 9524 2828

By email: prevention@wesleylife.org.au



Wesley LifeForce is a not-for-profit organisation that provides a range of services to support the health and wellbeing of our community. We are a registered charity and a not-for-profit organisation.

www.wesleylife.org.au

For further information contact:

Wesley LifeForce

PO Box 100, Carnarvon WA 6100

Phone: 08 9524 2828

Mobile: 08 9524 2828

Facsimile: 08 9524 2828

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