

Dear Parents, Teachers and Friends,

One of our roles as educators is to support parents help their children to take responsibility for their own behaviour, however allowing excuses for poor behaviour can limit children's growth. Most of us, at some stage of our lives, have done something we should not have done or not done something we should have done. Sometimes we might not take responsibility for our shortcomings but, instead, choose to make excuses.

We all make mistakes from time to time, but it seems to be an inbuilt tendency to blame others for our faults. There can be strong emotional pressures that motivate us to make excuses and so blame our upbringing, our circumstances, the way we have been treated by others and, of course, these days we can blame our genes. Unfortunately, the fact is that all excuses boil down to one common element: a lack or a denial of personal responsibility.

Excuses are a common method of shifting blame as we attempt to keep our self-image intact, when we are faced with negative feedback. It's a tough call, when we have to admit that we are wrong or that we have overlooked something. We immediately want to shift the blame away from ourselves in the hope that, in some strange way, we will then "feel good" regardless of our actions. Poorly offered excuses, such as blaming others or telling half-truths, are not believable and cause doubt to be cast on our character.

If nothing is ever our fault and is always the fault of the circumstance or of someone else, then, this leads us to justifying our actions rather than taking responsibility for them. Benjamin Franklin had a strong opinion of this type of behaviour when he said, "I never knew a man who was good at making excuses who was good at anything else." If our excuses are not genuine, people will feel hurt, let down or perhaps angry; they will regard us to be less than worthy of their trust or esteem.

By refusing to make excuses and to embrace responsibility, we reap the rewards of self-respect, pride and confidence. Psychologists tell us that the happiest people are those who accept total responsibility for every part of their lives. What a wonderful gift we can give to our children, if they are able to accept total responsibility for their lives, because they saw us doing it.

INTERSCHOOL ATHLETICS CARNIVAL

Last Thursday and Friday St Mary's competed in the annual Interschool Athletics Carnival held at the Festival Showgrounds. The students competed to the best of their ability and the behaviour of all on the 2 days was very commendable. Thanks to Miss Towers and the staff and parent helpers who ensured the days were a success.

MIDDLE SCHOOL SOCIAL

A very successful event was held on Saturday evening for our senior middle school students. Many staff were involved ensuring the night was a success and the students appreciated the efforts all went to in bringing the evening together. Well done to all involved.

PERFORMING VISUAL ART NIGHT

Students will be demonstrating their artistic flair at the Performing Visual Arts Night being held next Tuesday evening between 5:00 – 6:30 pm. All are welcome to come and view the students' impressive work. Tea and coffee will be available.

FIRST DAY BACK TERM 4

The first day back for students in Term 4 is Tuesday, October 10. There is a professional development day for staff on Monday, October 9.

God Bless



Steve O'Halloran
Principal



2017

Last Day of Term 3 - Friday 22nd September
First Day of Term 4 - Tuesday 10th October
Last Day of Term 4 - Friday 8th December

2018

First Day of Term 1 - Wednesday 31st January
Last Day of Term 1 - Friday 13th April

Middle School News

T'was a week to celebrate indeed! Another successful Middle School Social was held last Saturday night (on the same night as The Eagles' Elimination Finals game – I know!) but to the credit of all the staff who came out to support the students and the students themselves, I must say it was one of the most memorable nights ever! The Mask-a-Rave theme was truly embodied by the excellent interaction of both year groups (9 & 10) who sang, danced and mingled their way through limbo competitions (Kai "Limbo" O'Loughlin took the prize), Piñata smashing (Vi "Brutus" Tuipulotu took it down with his second strike) and Chocolate Wheel spinnings! The adrenaline was definitely pumping and nothing could stop Matilda Anderson from headbanging and freestyling across the dance floor!

Thank you to our ladies in the kitchen for the preparation, cooking and cleaning up: Mrs Worthington, Mrs Punch, Mrs Holtham and Mrs Munro who were ably assisted by the Year 8 students: Dylan, Daniel, Danny, Tamika, Tara and Raj who waited and tended the drinks 'bar' all night. Also, Mr Brooks, Mr Manser, Miss Hegarty, parents and students who assisted with the set up and decorating of the hall and to Year 11 Nagle student (and our Deputy Head Girl from last year): Haylie Bumbak who was our event photographer – thank you for helping to make our evening so successful and enjoyable. Thank you again to all staff who attended on the night and/or came out to witness the amazing arrivals, but especially to Miss Slattery who coordinated and worked very closely with the Year 10s, to make the magic happen! A great effort to all concerned.

Results of the 2017 Social:

Best Arrival: Bree Hudson and Grace Punch – Bree drove in on her "L" plates in a Trans Am!

Best Couple - Rachel Gilbert and Bianca Dei Giudici (sisterhood forever!)

Best Dressed Male - Dylan Gane in a natty number.

Best Dressed Female - Jessie Jarvis in classic style and elegance.

Best Mask Male - Kai O'Loughlin in his recycled mask made out of his own ticket!

Best Mask Female - Mikhayla Capewell – a flux of feathers.

Best Dancer 10 - Matilda Anderson – The 'EverReady' battery that never stops!

Best Dancer 9 - Adam Clark, Luke Munro, Djilka Oxenham – the slick and constant moves.

Social Butterfly 9 - Viliami Tuipulotu – Mr Suave.

Social Butterfly 10 - Jessica Fernihough – Miss Congeniality.

Social King (vote) - Joseph Garcia – Dapper suit, Mr Garcia!

Social Queen (vote) - Bree Hudson – 'Cape' gorgeous!

Special thanks to Norwest Surf (Best Dressed sponsor), Port Hotel (Best Couple sponsor) and Amcal Pharmacy (Social King and Queen sponsor) for our prizes.



Last week, Mrs Holtham posted an in-depth account of the recent ACC Carnival in Perth. I would like to add some more information here now that I've had a chance to study the results closely: Our students competed in H division (A to I divisions available) and a pleasing note is that some of our students' individual results are actually leading the overall competition results thus far, including the 'A' division schools and Colleges! There are too many to print here, but some very notable mentions on the day were:

Miss Consistency – Yr 7 Jordie Porter who came in 2nd place in all four of her events (field and track); Yr 8 Jorja Black who competed in the U/15 events (higher than her own age group) and picked up 2nd placings in the 800 and 1500m races, and U/14 James Holtham (who managed to get to all his events this year!) who placed 1st in four of his seven events and 2nd in the remaining three - a terrific result which saw him take out the Age Championship on the day, leading by 19 points. In Year 9, we discovered some rising stars: Michael Pham who jumped an incredible 5.5 metres to take 1st place in Long Jump Div 1 A and whose result still stands overall, and Ivana Ryder at her first ACC Carnival who placed 1st in two field events and picked up a 2nd place on the track! A big acknowledgement also goes out to all our Year 10 students who were competing in the Open events against bigger and stronger Year 11 & 12 students, especially Bree Hudson who placed 1st in two events, 2nd in one event, 3rd in one event and fourth in her last event. Bree Hudson and Jessica Fernihough placed 2nd and 3rd overall, respective in the Open Age Championship category, so that was a stellar achievement for our Year 10 Faction Captains.

The top scoring competitors per age group are as follows:

Female U/14: Isobelle Warren – 3rd place overall, 49 points

Male U/14: James Holtham – 1st place overall, 77 points

Female U/15: Ivana Ryder – 2nd place overall, 44 points

Female Open: Bree Hudson – 2nd overall, 50 points

Jessica Fernihough – 3rd overall, 45 points

All individual results are available on the ACC website. Well done to all on your efforts and results. Thank you to all your teachers, parent helpers and coaches who got you there.

With the end of term looming, we will be farewelling the Warren students who are relocating to Geraldton. We wish you all the best of luck with your exciting move and say thank you especially to our Head Boy Duke Warren for his leadership and support throughout this year – God bless.

In closing, I always like to reflect upon my week of interactions with people: parents, students, family and even digital media! The conversations recently have been centred around differences. In Year 7 RE, we are learning about how Jesus modelled God's love for us all, regardless of our differences, and yet, there has been so much in the media and around our community that want to label our differences, make excuses for our differences, ignore our differences, or merely to 'give up' because of our differences. This creates divisions, angst, misconceptions and isolation. My message this week is to embrace and celebrate ALL our differences. Audre Lorde: poet and civil rights activist wrote,

"It is not our differences that divide us. It is our inability to recognise, accept, and celebrate those differences."

Viva la difference!
Take care until next time ...

Sam Da Luz
Head of Middle School



Year 9/10 Social





Parish News

Mass Times

Saturday night - 7pm
 Sunday morning - 9am

Reconciliation

Thursday 9th November Parent/Child Meeting
 Thursday 16th November 1st Reconciliation



FUNDRAISING FOR CARITAS

On Friday 15th, the Year 10s will be selling the icecreams at lunchtime for \$2 - there are also toppings the children can choose from.



Thank you
 Miss Slattery

Interschool Carnival

Week 8 this term featured the annual Gascoyne District Interschool Athletics Carnival. Thursday was the individual day where students competed in throws, jumps and middle distance against the best athletes from Shark Bay, Christian School, Community College and School of the Air. We saw some incredible performances from our students, with the following achieving ribbons in their events:

	Long Jump	Triple Jump	Tee Ball	Distance Run
<i>Year 3</i>	Marley 1st			
	Chloe 3rd			Chloe 1st
<i>Year 4</i>			Dayne 4th	Clyde 3rd
	Ashlee 1st			
<i>Year 5</i>	Luke 3rd	Luke 2nd	Keion 3rd	Luke 1st
	Harmony 2nd Ta-Leah 4th	Harmony 3rd Mylyne 4th	Harmony 1st Mylyne 3rd	Harmony 2nd
<i>Year 6</i>	Regan 3rd	Jack 3rd	Edward 4th	Jack 4th
		Rachael 1st	Emma 3rd	Rachael 4th

Friday was the big track day which featured all the games (tunnelball, flag relay, passball and leaderball), along with our sprints and relays! It was an incredible day, which kept everyone on the edge of their seats.



2017 was the first year for our Year 1 students who soaked up the atmosphere and were assisted by the older, more experienced students in our team. It was also the final year for the Year 6 students. The Year 6 boys demonstrated some excellent teamwork skills to win the tunnelball, flag relay and passball games! Outstanding!

All students contributed to the overall team total and we were incredibly pleased to finish in second place just behind Carnarvon Community College.

Some outstanding individual performances included: Luke Jordan (Champion Year 5 Boy), Harmony Bellotti (Champion Year 5 Girl), Chloe Bumbak (Runner Up Year 3 Girl), Marley Mihovilovic (Runner Up Year 3 Boy).



Well done to everyone, and thank you for being such committed and respectful competitors throughout the event.

Huge thanks also go out to Candice and Ash from the Community College for planning and delivering another fantastic interschool event. Its these days that we all remember!

Miss Towers
Health and Physical Education Teacher

Saint Mary Star of the Sea Catholic School

Performing Visual Art Night

When: 19th September 2017

Location: School Hall

Time: 5 – 6.30pm

Various displays of our students' artistic talents from all year levels.



Tea and coffee supplied.

Kindergarten

KINDERGARTEN INTERVIEWS

Currently enrolments are being taken for Kindergarten 2018. Interviews will be conducted during August. Parents of siblings already at St Mary's still need to enrol their child. Interviews however, may not be necessary.

PRE-KINDERGARTEN 3 YEAR OLD ENROLMENTS

Enrolments for children to begin the 3 Year Old pre-kindergarten programme are currently being taken. All parents that have children turning 3 prior to attending the Kindergarten programme are welcome to contact the school for further information.

Uniform Shop

The uniform shop is open every Tuesday and Thursday from 2.15pm to 3.15pm. Long sleeve blue polo shirts are now available. Prices are \$28.00

Homework Classes



Homework classes are each Tuesday and Thursday

Please contact the school office for further information



ABORIGINAL FAMILIES AS FIRST EDUCATORS

The playgroup Facilitator and Family Liaison Officer will work alongside parents and carers as first educators to prepare their children with strong foundations to, BE, BELONG and BECOME independent, spirited individuals with a bright and prosperous future.

WHO

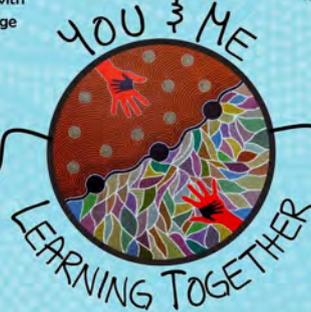
For Aboriginal and Torres Strait Islander families with children 0-4 years of age

WHERE

30 Egan Street

WHEN

Monday and Wednesday Mornings 9am-12pm



WHAT'S ON AT PLAYGROUP?

FRUIT TIME LEARNING GAMES
CONVERSATIONAL READING INDOOR ACTIVITIES
SENSORY ACTIVITIES OUTDOOR PLAY
ENRICHED CARE-GIVING LAUGHTER FUN
TEA AND COFFEE **LEARNING**



Thank you to all who supported our P&F Father's Day stall

A total of \$370 was raised.

Thank you!

St Mary Star of the Sea P & F proudly presents

Cocktail Dinner Dance 2017



*Saturday 4th November
Carnarvon Civic Centre*

with entertainment by

Courtney Murphy - Sherri Murphy - Chris Murphy

7pm - Midnight

\$80 a ticket

including cocktail food and entertainment

Licensed Bar

Theme: Black & White

Dress code: EveningWear

Purchase tickets at Saint Mary's reception

9941 1328

or contact Michelle 0407 078 875

Michelle@northernaspect.com.au



SEQTA



Engage



Learn

**SEQTA Learn and SEQTA Engage are now available as apps!
Bring SEQTA's functionality to your mobile device, plus a few extras:**



Never miss a thing

Receive push notifications whenever there's something you need to know about.



Hassle-free authentication

Login by scanning or tapping a secure code no username or password required!



Keep it secure

Enable fingerprint locking to ensure that only you can access the app.

Other functionality

The SEQTA apps build on the existing capabilities of *SEQTA Learn* and *SEQTA Engage*, so you'll be able to:

- › View upcoming assessments and submit work
- › View marked assessments and teacher feedback
- › View and search your courses and lessons
- › Take notes and make task lists
- › View pastoral care information
- › Track upcoming homework
- › View unresolved absences
- › Send and receive direct messages
- › Interact with students, teachers, and parents in forums
- › View relevant school notices
- › Access academic reports
- › View and colour your timetable

...and much more!

If you have any questions, please contact...

The school administration office on 99411328

The address it is

<https://smcsc.coneqt-p.cathednet.wa.edu.au/>



An Education Horizons Group company

Woolworths Earn & Learn 2017

Dear Parents,

This year we will be participating in the Woolworths Earn & Learn program. Through this program we will be able to get new educational resources for our school/early learning centre – and all we need you to do is shop for your groceries at Woolworths.

From Wednesday 26th July to Tuesday 19th September or while stocks last, we are collecting Woolworths Earn & Learn Stickers. You will get one Woolworths Earn & Learn Sticker for every \$10 spent (excluding liquor, tobacco and gift cards). Place the Woolworths Earn & Learn Sticker onto a Woolworths Earn & Learn Sticker Sheet and when it's complete, the Sticker Sheet can be dropped into the Collection Box here at the school or at your local Woolworths.

At the end of the promotion, we'll be able to get some great new equipment. The range is extensive and offers lots of items ideal for our students – including resources for Maths, English, Science and some fantastic fun supplies for Arts & Craft, Sport and for our library. If you'd like to know more, visit woolworths.com.au/earnandlearn

St Mary's drop off zones for stickers will be at the St Mary school office, the Junior Learning Centre or at Woolworths.

Thank you for your support



"Own A Pony Day"

Have your very own pony for the Day!

"Own a Pony Day" is designed for participants that have never ridden a pony, have only just started riding or those who do not have a pony. The basic key elements remain each time, focusing on Horse handling, riding and daily care. In addition to these key elements the program will offer a variety of activities that include arts and crafts, balance, theory, games and team building exercises.

No experience is required, but participants will need to wear enclosed shoes and sign a disclaimer and medical consent forms. Helmets, horses and all additional riding equipment will be provided.

Thursday 28th September
8:30am-12:00pm
Ages 4-9
\$60 per person (Inc. Meals)

Feeding, grooming, horse treats, horse riding, make new friends, obstacle course, team challenge and much more!

Bookings Essential!
Please contact Ainslee on 0400206732 or email ains.evans@hotmail.com to confirm your booking.

Mini Riding Camp and Riding Camp

Mini Riding Camp:
Mini Riding Camp is open to Evans Equestrian Services Riders only. The camp will involve many group riding activities, along with groundwork activities, team challenges and a campfire dinner.

Riding Camp:
This event is open to all EES Riders (10+) and to any riders who are confidently trotting off the lead and rising to the trot. The camp will involve multiple group riding lessons (flatwork, jumping, games) along with fun group activities, quizzes, horse handling and a campfire dinner.

Bring your own pony or we can provide one for you!

RIDING CAMP

Bookings Essential- LIMITED PLACES
Please contact Ainslee on 0400206732 or ains.evans@hotmail.com to reserve your place

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Monday 25th September Vaulting Skills workshop- 8:30am-11:30am \$30.00 per Person Ages 5-16	Tuesday 26th September Mini Riding Camp Ages 4-9 11:00am-7:00pm \$110 per rider Includes Meals EES Riders only Limited Places	Wednesday 27th September Riding Camp Ages 10-17 8:30am-7:00pm \$150 per rider Includes meals	Thursday 28th September Own a Pony Day (1/2 day) Ages 4-9 8:30am-12:00pm \$60 per person
Friday 29th September Youth Outreach School Holiday Program Pony Rides at the Town Oval 10:00am-12:00pm			

Evans Equestrian Services School Holiday Program

**PUBLIC DEMONSTRATION
MEETING**

**5PM, WEDNESDAY 13TH
SEPTEMBER 2017**

**AT: ONE MILE JETTY ANNEAR
PLACE, BABBAGE ISLAND,
CARNARVON**



Carnarvon Heritage Precinct

**A Public Meeting to Demonstrate to the Government
the town and tourist support for the One Mile Jetty,
Carnarvon.**

Please attend to show your support.

For more information: Please call 0417 174 526

Carnarvon Junior Cricket Registration Night

WHERE: Festival Grounds Gascoyne Rd Entrance WHO: Blaze & Amber + WACA Staff

Free Come&Try Session: Thurs, 21st of September between 4:30 and 6pm

Contact: Ryan Hosking - ryan.hosking@waca.com.au

***Programs
Available***
*In2 Cricket (5-
10yo)
Under 13
Under 17*

Open for boys and girls of all abilities aged 5-18



T20BLAST
MILD

**BOYS AND GIRLS CAN
PLAY FUN GAMES
OF CRICKET WITH
THEIR FRIENDS**

**JOIN THE FUN, SIGN UP TODAY AT
PLAYCRICKET.COM.AU/WA**

**PERTH
SCORCHERS**