



ST MARY STAR OF THE SEA

IMPORTANT DATES

TERM 1

Week 3

SWIMMING LESSONS - Years 1-6

- 14th Feb Middle School Parent Meeting
17th Feb Whole School Assembly - 2pm

Week 4

SWIMMING LESSONS - Years 1-6

- 21st Feb Shrove Tuesday
22nd Feb Ash Wednesday Mass
Y2-12 School Hall 1:30pm
Kindy - Yr 1 Liturgy (JLC)
23rd Feb P&F Meeting - 3pm
24th Feb Swimming Carnival
Years 3 - 12

Week 5

- 1st March SAC Meeting - 7pm
3rd March PS Assembly - Led by Yr 6

PRAYER

*Blessed are you, Lord God,
Creator of body and mind and heart;
you have sent the Spirit of wisdom and knowledge
to guide your people in all their ways.*

*At the beginning of this new school year,
in this time of change and adventure,
we implore your mercy.*

*Bless and protect our students, teachers,
staffs and thier families.*

*Give wisdom to the decision makers,
be they in our schools or in our homes.*

*Expand the horizons of our minds,
and deepen our commitment to seek
the truth of your ways.*

*Enliven our faith to reach out to those in need,
particularly those isolated and lonely.*

*In this time of firsts and new things,
help us to trust in the love of your Son Jesus,
our Divine Teacher, who is the same
yesterday, today, and forever.*

Amen.



ST MARY STAR OF THE SEA

FROM THE PRINCIPAL'S DESK

Dear Parents, Teachers and Friends,

Welcome to the start of a new year. We especially welcome new families and students to St Mary Star of the Sea College community, I'm sure you will feel welcomed. It is hoped this year that we can return to some form of normality after the last few years have been significantly impacted by COVID.

Being part of a Catholic school is greater than sharing the buildings and classes that students enter each day. Catholic schools are bounded by the common Christian values that imbue all that happens on a day-to-day basis. It is this 'presence' that separates Catholic schools from others. Saying prayers, attending liturgies, being respectful of each other because of the innate 'spirituality' of each person, is celebrated in our schools, not shied away from.

By enrolling in a Catholic school, this is what parents are agreeing to for their children; being part of a community that shares common values and beliefs that are based on the Gospel and the Christian dignity of each person.

I hope all have a wonderful 2023.

WELCOME NEW STAFF

Welcome to St Mary's new staff for 2023. Mrs Debbie White as the school's new Head of Secondary, and Mrs Kozak-West, who will be teaching secondary maths. New English teacher, Mrs Angeline Lal will be joining us in the coming weeks. We look forward to working with all our new teachers this year and wish them all the best as they embark on their career journeys with St Mary Star of the Sea College.

SCHOOL ADVISORY COUNCIL ANNUAL GENERAL MEETING

The Annual General Meeting of the St Mary Star of the Sea College is being hold on Tuesday, 21st February. At this meeting, the 2023 school budget is presented, a report is given by the School Advisory Council chair, and new members are elected. It is open to all members of the school community. If you would like to be nominated for membership of the School Advisory Council, please contact the office or complete the online nomination form sent home to families on Monday.

Steve O'Halloran
Principal





ST MARY STAR OF THE SEA

FROM THE RE DESK

2023 sees a change in our parish community, with the departure of Fr Steve Casey. We wish Fr Steve a fond farewell and all the best at his new parish in Dongara.

Fr Steve's departure brings the arrival of the Redemptorist Order to our parish. We are happy to welcome Fr Tuyen Vu and Fr Tim Tapoona, both of whom have spent short spells with our parish in recent years.

The Redemptorists are a religious congregation of priests and brothers within the Catholic Church who live in community for the sake of preaching the Gospel of Jesus Christ. They have had a presence in Australia since 1882 and been in WA since 1898 based in North Perth. <https://cssr.org.au/perth/>



Fr Tuyen Vu was born in Vietnam and became a Redemptorist in 2004. He came to Australia in 2007, where he did most of his studies for the priesthood.

Fr Tuyen was ordained in 2014 and has worked in Victoria and Western Australia since then.

Fr Tim Tapoona was born in Indonesia and became a Redemptorist in 2009. He came to Australia in 2015, where he did most of his studies for the priesthood. He was ordained in 2018 and has been in Western Australia since then.

We are happy to have them in our community and look forward to sharing our faith journey together.



ST MARY STAR OF THE SEA

FROM THE HEAD OF SECONDARY

Welcome everyone to the start of 2023 at the College.

I have experienced an amazing warm welcome from students, staff, parents and the Carnarvon community and I am so happy to take on the role of Head of Secondary. Students have been telling me about their College and town and I am enjoying meeting everyone to join the story and culture of Carnarvon. I have been lucky to know a few students here already, as they attended my previous school, Irene McCormack Catholic College in Perth.

I invite students to check their emails and SEQTA every morning and I will be emailing students at any time with activities to engage with and to encourage students to contact me back. "Knowledge is Power" and students can prepare for each day by checking important messages and checking for their subjects for the day from SEQTA. Parents are vital in supporting and modelling effective communication, by checking all College emails and SEQTA. I will email all College parents and students this week on Friday, if you do not receive an email, please contact the front office to check that your email address is listed correctly with the College. Staying connected is so important and vital in supporting our wonderful students.

Healthy Wellbeing is feeling optimistic and hopeful about your future, because you know that you are working towards becoming your best self.

It is vital we all look after our physical, mental and spiritual well-being and help others to know they can do the same. Years 7-10 students are engaging in a Resilience program and a great website being used is -<https://au.reachout.com/#young-people>

The Resilience program runs for 1 lesson a week and the College planner is a workbook with wonderful activities. I encourage parents to look at these activities when they are signing the planner. A great opportunity for supportive discussion at home to encourage resilience in all our lives.

Student Leadership provides a voice and influence at the College for students. Leadership is about supporting other people, older students looking after younger students and planning College events to help students engage with each other. SRC and House Captain Faction application forms are available from Homeroom teachers, me and the front office and are due by the end of this week. Student Leaders will be announced next Friday at assembly.

Our Year 10 Science students set up a vegetable garden last year with our Mrs Chinnery and were blessed to receive watermelon fruit yesterday. A great initiative at the College and an educational way to appreciate our environment and vegetation in our community.

Well done to Years 11 and 12 students last night who attended the Parent Information Evening. You displayed a great commitment to working hard to "Achieve your goals and Dream Big". As A College we are proud of your willingness to succeed. I will Direct Message Year 11 and 12 students and parents today with the Power point from the Information Evening.



The Year 7-10 Parent Information Evening will take place next week on Tuesday, February 14 at 6pm.

I look forward to meeting all parents and students and becoming part of the St Mary Star of the Sea College family.

Ms Debbie White
Head of Secondary



ST MARY STAR OF THE SEA

SCHOOL COUNSELLOR NEWS

Wishing everyone a great start to the year and fun times on their new adventures in 2023.

If any student or parent would like their child to see the school counsellor, referrals from last year do not roll over.

Please request another form to be sent home with your child by contacting Miss Vinnie or pop into the front office and pick one up.



SWIMMING LESSONS

The national shortage of swimming instructors has affected our local swimming program.

Please refer to the note sent home with your child for further information.





ST MARY STAR OF THE SEA

COMMUNITY NEWS

**Gascoyne Gymnastics Club
WELCOMES YOU!**



Term 1 Start Monday 6th February 23
5 Shallcross St, Carnarvon

GASCOYNE
GYMNASTICS CLUB

Sign up NOW on our Facebook page!



COMPETITIVE (GIRLS)

WAG Level 1 - Wed 3.30-4.30pm

WAG Level 2 - Mon 3.30- 4.30 and/or Wed 4.30-5.30pm

WAG Level 3 - Mon and Thur 5.30-7pm

Gascoyne Gymnastics Club
gascoynegc@gmail.com
5 Shallcross St
Carnarvon WA 6701



Multiple Dates

Inspire Hope | After School Program | Carnarvon

Let your kids come along and enjoy a range of creative activities in a fun and relaxed space.

When and where

Wednesdays, 3pm to 5pm, from 8th February 2023
HelpingMinds Office 5 Stuart Street Carnarvon, WA 6701

About this event

This fun workshop is designed to help children learn about the importance of mental health wellbeing while boosting their self-esteem and resilience. Kids will make new friends and create art in a calming and soothing environment.

Who

For youth aged 8-15 years old who have emotional difficulties or who are at risk of developing a mental health issue, or who have someone in their life experiencing mental health challenges.

Cost

Free

Registration

Registration essential. Register your interest by emailing cyfs@helpingminds.org.au. For more information, contact us on (08) 9427 7100.

School Dentist

The school dentist located at Carnarvon Community College is currently closed.

This years visits are planned for May 2023 and August 2023.

If your child has a toothache, they can visit the GOVT dentist at the hospital Ph 9941 6690 or AMS.





ST MARY STAR OF THE SEA

COMMUNITY NEWS



Strengthening Children and Teens Against Anxiety

Anxiety is a very normal part of being human, but for as many as one in five children it can reach intrusive levels, interfering with family life, friendships and school performance.

These transformational sessions will provide parents and carers with the essential information and powerful, practical strategies to help their children and teens thrive through anxiety, whether it's everyday levels of anxiety or more intrusive.

Online Session

Monday, 27 March 2023

6pm - 8pm online

For WA parents and caregivers

This is a FREE event, brought to you by PCWA. Bookings essential.

<https://bit.ly/karenyoungonline>

About Karen Young

Karen has worked as a psychologist in private practice, and organisational and educational settings. She is now a sought-after speaker, educator, and consultant, both at home in Australia and overseas. Karen is the founder of 'Hey Sigmund', an internationally popular online resource that provides contemporary, research-driven information on anxiety and the neurodevelopment of children. She has written three books, including the bestselling 'Hey Warrior' and 'Hey Awesome', which creatively assist children to understand and manage anxiety.

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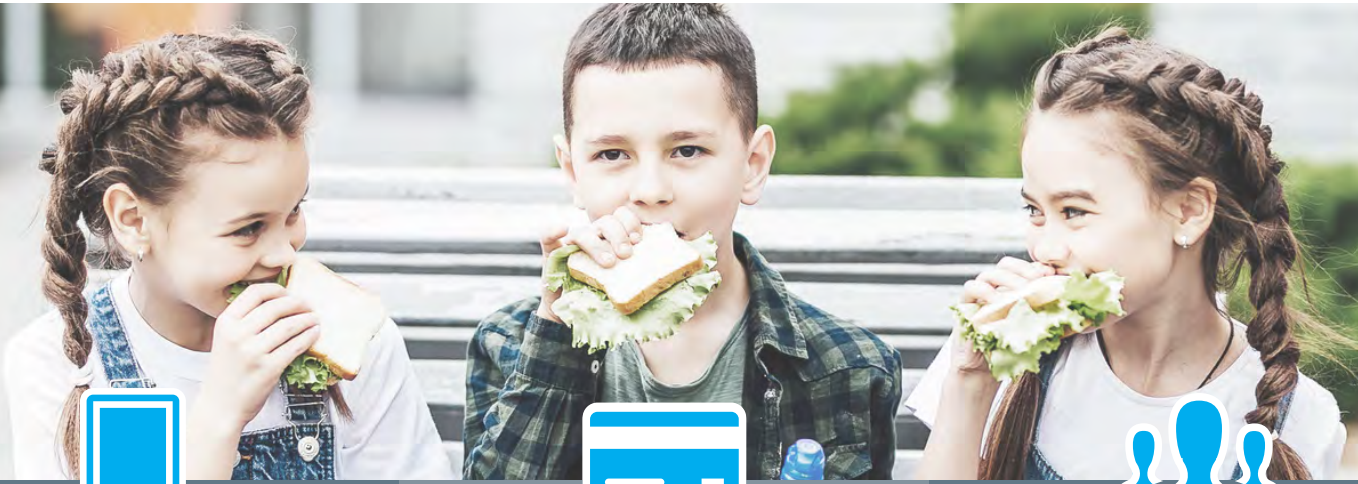
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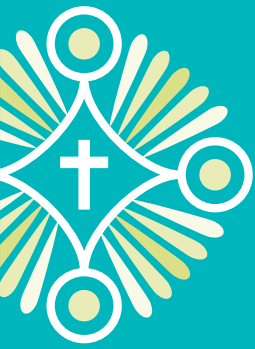
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CATHOLIC SCHOOL ADVISORY COUNCIL

Information for Prospective Members

As a member of your school's Advisory Council, you are integral to the spirit of partnership that is being developed within our school community. Membership of the Council allows for the various groups within our community to be represented and to provide support to our school leaders. The Advisory Council enables these groups to meet and work together for the holistic development of our school.

What does the Advisory Council do?

- Supports the Principal in their leadership of the school;
- Is a resource when the Principal is planning for the present and future strategy of our school;
- Brings the voice of the community into our school; and
- Helps to build relationships across our Catholic school community.

Who can be a member?

The Advisory Council reflects the diversity of our community ensuring the representation of different voices, experiences and perspectives. As a member, you must support the Catholic ethos, follow the school's Code of Conduct and act in the best interests of our school.





As a member of the Advisory Council, what is my role?

You represent the interests of all the partners within our school and work positively in the service of our Catholic school community.

The Catholic School Advisory Council is there to support the Principal in their leadership of the school, especially in strategy and finance.



CATHOLIC EDUCATION
WESTERN AUSTRALIA

	Terms of Reference	What it means to you	Example
	<i>Be part of the current and future planning of the school.</i>	Share your unique skills in support of the Principal, guiding the current and future planning of the school.	While day-to-day operations are in the hands of school leaders, your input is invaluable at the strategic level; your expertise can help our school enhance its future planning.
	<i>Provide membership, at the Principal's request, on selection panels for the employment of staff.</i>	Represent the community on selection panels for employing school leaders.	One member of the Advisory Council can be invited by the Principal to participate in a selection panel, where appropriate.
	<i>Communicate about the Catholic school and about Catholic education to persons and organisations in the school community.</i>	As a representative of our school you may be invited by the Principal to support and promote the school within our local community.	Our school is an important member of the local community and is often invited to attend local government events. There may be times when the Principal will invite you to attend and represent the school community.
	<i>Endorse the Catholic school's annual budget. Advise the Principal on school financial matters such as performance against budget, sustainability, and capital and recurrent planning.</i>	The Advisory Council has oversight to confirm the proposed budget meets the school's needs. CEWA Accountants and Deloitte Australia have oversight of the financial operations of the school.	In reviewing the annual budget, the Advisory Council discusses: <ul style="list-style-type: none"> • Does this budget reflect the expected enrolments? • Does this budget plan for future operations? • What is the impact of these changes on our school community?



ST MARY STAR OF THE SEA
COLLEGE

St Mary Star of the Sea College
School Advisory Council 2023 (2)



For further information visit
www.cewa.edu.au