

IMPORTANT DATES

TERM 1

Week 4

22nd Feb Ash Wednesday Mass

24th Feb Swimming Carnival

Years 3 - 12

Week 5

3rd March PS Assembly - Led by Yr 6

Week 6

6th March Labour Day Public Holiday

Week 7

15th March - 17th March Year 7 Coral Bay Camp

17th March St Pat's Day - Free Dress

PRAYER



PRAYER FOR ASH WEDNESDAY

God our Father, as we begin this holy season of Lent,
help us to see that your merciful love is with us always,
even when we wander far from you.
With the help of your grace,
may our prayers and sacrifices over the next forty days lead us
closer to you and to each other,
the poor, the sick and the lonely so that together,
we can fulfil your promises for all who live in your love.

AMEN.





FROM THE PRINCIPAL'S DESK

Dear Parents, Teachers and Friends,

Today is Ash Wednesday, and as we all know, Jesus retreated into the desert for forty days to prepare for His ministry. It was for Him a time of reflection and contemplation. For us, to pass time in the desert means to find occasions when we create a little emptiness and silence around us, rediscover the road to our heart, remove ourselves from the noise of external distractions, enter into contact with the deepest source of our being and faith.

The ashes are made from the blessed palms left over from the Palm Sunday celebration of the previous year. These ashes are "christened" with holy water and are scented by exposure to incense. Whilst the ashes symbolise penance and contrition, they are also a reminder that God is gracious and understanding to those who are of goodwill: "For generous and merciful is He, slow to anger, rich in kindness." Prophet, Joel. 2:12.

SWIMMING CARNIVAL

This Friday, the Faction Swimming Carnival is being held. All students from Year 3 - 12 are expected to attend and participate. There will be a free sausage sizzle and juice box for all competitors on the day. As this is a regular school day, it is compulsory for students to attend.

SCHOOL ADVISORY COUNCIL MEMBERS

We welcome to The Star Mary Star of the Sea College School Advisory Council Mrs Tammy March and Mrs Ceri Zaknich. They will join Mrs Susana Svilicich and Mrs Alex Harper-Maslen to make up the 2023 Advisory Council.

Many thanks to long serving members Mr Dave Kearney, Mr Warren Schmidt, and Council Chair, Mr Jim Andreoli. The retiring members were all part of the council when our latest building project, completed this week, began in 2019. Their advice and ideas during the past decade have been extremely valuable. Thank you all very much for your contributions over the many years each of you has been a member.

CAPITAL WORKS COMPLETED

The capital works programme including the construction of a new primary classroom, the landscaping of grounds adjacent to the hall and a new basketball court where the convent used to be, is now completed and students have access. It has been a long project, beginning with the convent demolition in 2019, however the fruits of patience and commitment are now there for all to see.

Steve O'Halloran Principal

Steer Othellow





FROM THE RE DESK

Today we celebrate Ash Wednesday, with Fr Tim in a whole school mass, put together by Miss Concannon and her Year 8 RE class. Thank you to all the students for a beautiful and well-planned service.

Ash Wednesday is the first day of one of the most important seasons in the Church's liturgical year - Lent. It is a time when we try to get closer to God.

Fr Tim talked to the children about the three things that Jesus asks us to do to draw closer to Him in Lent.

Firstly, fasting is an ancient action linked to Lent and is considered a sacred act. The goal of Fasting is connected to prayer. The pangs of hunger remind us of our hunger for God and prayer and fasting brings us to what Lent is about – a deeper conversion and relationship with God.

Secondly, Prayer is our conversation with God. In these conversations we find the strength to fast, to develop a closer and more intimate relationship with God. This relationship makes us grateful for our many blessings and motivates us to give to those less fortunate.

Finally, comes Almsgiving. This is simply a response by us to God, a response that we have come to through prayer and fasting. It expresses our gratitude for all we have been given and supports those in need.





With these three things fresh in our minds, we will be launching this years Caritas Project Compassion Campaign.

Look out for activities and prayers in the coming weeks to show our support.





FROM THE HEAD OF SECONDARY

Secondary students are working hard to improve their understanding by attending Homework Club every Tuesday and Thursday, from 2.35pm-3.30pm in the Science room at the College.



I have been most impressed by Year 8 students, working hard above, collaborating together to improve their English writing skills. They also get to enjoy some tasty snacks provided.

Our Year 11 and 12 students have started Workplace Learning and TAFE placements this year and are displaying hard working skills to support them towards graduation and their future careers.

We have students engaged in Certificate II for Rural Operations, Certificate III in Childcare, Certificate IV for Nursing, Workplacements at Betta Electrical, Redcliffe Electrical and Aged Care in Carnarvon.

We have 3 enthusiastic students, shown to the right, who proudly received a School Based Traineeship at Rio Tinto and we are endeavoring to secure more School Based Traineeships and Work Placements for our students.

Our ATAR students are working well in class and independently with online ViSN courses, requiring a great deal of personal motivation while being supported at home by parents and at school with teachers.

As discussed at Parent Information Evenings, "Remember students to "Dream Big" and then work hard to achieve them!

Ms Debbie White Head of Secondary





INTERHOUSE SWIMMING CARNIVAL

Date: Friday 24 February, 2023 **Carnival time:** 9am -2.15pm

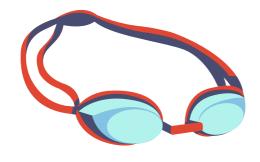
Transport: Students come to school as usual.

- Students will travel on St Mary's school bus to the pool and back.
- If a parent is present at the end of the carnival they may sign their child out with the respective teacher.

Clothing: Wear bathers under sports uniform (house colour shirt, school shorts, school hat, shoes and socks)



- Towel
- Recess
- Lunch
- Water bottle





Volunteers: We urgently require volunteers to help at the carnival. Please let us know if you can assist via email or by contacting the school office. Your time would be greatly appreciated.



Please note

- students will not be able to purchase items from the pool canteen
- students will not be able to order from the school canteen

Spectators: We invite spectators to the pool to support the students.

Please remember

• bringing your own chair is recommended

If any changes occur we will send updated information.

The swimming program can be found on the school website and via SEQTA.







P + F NEWS

The P&F have a lot of exciting things coming up.



Friday the 17th March is St Patrick's Day. Friday will be a free dress day - Dress in Green! for a gold coin donation. Followed by a St Patrick's evening - dinner, a bar and fun for the whole family.

We are chasing some volunteers for the evening. Many hands make light work! If you can help, please get in contact with the P&F.

The P&F will also be holding an AGM on Friday 24th March 2:45pm. All positions are vacant, so please come down and show your support.





COMMUNITY NEWS



Multiple Dates

Inspire Hope | FREE After School Program | Carnarvon

Let your kids come along and enjoy a range of creative activities in a fun and relaxed space.

When and where

Group 1: Wednesdays, 3pm to 5pm, from 8th February 2023 Group 2: Thursdays, 3pm to 5pm, from 16th February 2023 HelpingMinds Office 5 Stuart Street Carnaryon, WA 6701

About this event

This fun workshop is designed to help children learn about the importance of mental health wellbeing while boosting their self-esteem and resilience. Kids will make new friends and create art in a calming and soothing environment.

Who

For youth aged 8-15 years old who have emotional difficulties or who are at risk of developing a mental health issue, or who have someone in their life experiencing mental health challenges.

Registration

Registration essential. Register your interest by emailing cyfs@helpingminds.org.au. For more information, contact us on (08) 9427 7100.









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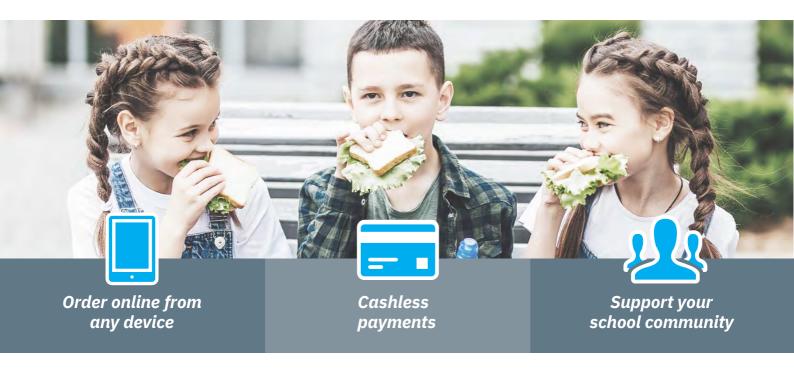
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Support when you need it: Monday to Friday, 7.30am— 4.00pm 1300 11 66 37 | support@quickcliq.com.au