

# Gascoyne Cross Country Event 2024

**Date** Thursday 20<sup>th</sup> June 2024

The children commence the run on the oval of CCS and will follow the below track.



We will have an ATV following the children along the track to pick up any children who are struggling and falling too far behind. They will then be brought back to the school oval.

Children should bring a water bottle to sip on during the run and a hat and closed in footwear is required.

**Assemble** Carnarvon Christian School (At the large oval)

**Time** Briefing at 8.50am at Carnarvon Christian School

**Participants** Open to Year 3, 4, 5, 6 Students  
Separate Boys and Girls events  
**No limit on participants but Students must be able to run the distance without stopping.**

**Distance** Yr 3, 4 & 5 - 1500m  
Yr 6 - 3000m

## **Route**

Competitors will run a circular marked route beginning on the CCS Oval.

All competitors finish at Carnarvon Christian School, Babbage Island Road at back gate.  
A 4 wheel motor cycle will follow behind each group.

**Please ensure all children can run the required distance.**

## **Recording**

– Medallions are presented for 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> places.

## Event Times (approximate)

Year 3 Girls – 9.00am

Year 3 Boys – 9.05am

Year 4 Girls – 9.15am

Year 4 Boys – 9.20am

Year 5 Girls – 9.30am

Year 5 Boys – 9.40am

Year 6 Girls – 9.50am

Year 6 Boys – 10.00am

The Presentation of medallions will occur once all competitors are at Carnarvon Christian School.

The event will finish at 11:30am (approx)

## Student Requirements

- Uniform
- Sports Shoes
- Hats (School Decision)

## Organisation

- Cones to mark course - (CCS)
- Water and fruit at finish line. (CCS)
- **2 Motorcycle riders with First Aid Kits. Runners must not leave without a motorcycle rider.**
- Finish line- Bunting PA ( CCS)
- Police/Ambulance notified (CCS)

**Recording**                      CCS

**Starter**                              CCS

