

2024 INTERHOUSE ATHLETICS FIELD PROGRAMME		Year	Year	Year	Year	Year 7		Year 8		Year 9-12		
		3	4	5	6	BOYS	GIRLS	BOYS	GIRLS	9&10 Boys	11&12 Boys	GIRLS
1	8.45am	-	-	-	-	High Jump	Triple Jump (with 8G)	Shot	Triple Jump (with 7G)	Long Jump	1500m	Javelin
2	9.25am	-	-	-	Long Jump	1500m	1500m	1500m	Discus	Triple Jump	Javelin	High Jump
3	10.05am	-	Turbo Javelin	-	Tee Ball Throw	Rest	Discus	Rest	High Jump	Javelin	Triple Jump	Long Jump
4	10.45am	-	Long Jump	Speed Bounce	Triple Jump	Discus	Javelin	High Jump	Shot	Rest	Rest	1500m
5	11.25am	-	Tee Ball Throw	Triple Jump	Turbo Javelin	Javelin	High Jump	Rest	Rest	Shot	Long Jump	Discus
6	12.05pm	Tee Ball Throw	Speed Bounce	Turbo Javelin	HJ Practise	Long Jump	Rest	Triple Jump	1500m	1500m	Discus	Shot
7	12.45pm	Turbo Javelin	-	Tee Ball Throw	Speed Bounce	Triple Jump	Long Jump (with 8G)	Javelin	Long Jump (with 7G)	Discus	Shot	Rest
8	1.25pm	Speed Bounce	-	Long Jump	-	Shot	Rest	Discus	Javelin	High Jump	High Jump	Triple Jump
9	2.05pm	Long Jump	-	-	-	Rest	Shot	Long Jump	Rest	High Jump	High Jump	Rest